

# Kids Fiction Writing Samples for Ages 6-10

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## Monty the Canola Oil, Understanding Colonization

[Molly] It's just about time for The Scoop! Adelina, can you hear me?

[Adelina] Loud and clear Molly! Today I'm here with Monty, a bottle of Canola Oil! How are you today Monty?

[Monty] Oh I'm doing just fine here Adelina, thank you. How about you, how are YOU doing?

[Adelina] I'm doing great too, thanks! Monty, can I get you to introduce yourself for us?

[Monty] Well you most certainly can. Alright then, my name is Monty and... I'm a bottle of Canola Oil, as you said. Uh, what else is there... I'm from Canada, that's for sure... I don't know! What else? What else do you want to know?

[Adelina] We've learned a bit about Canola oil last season, it's a type of vegetable oil. Can you tell me more about where Canola comes from, for anyone who needs a refresher?

[Monty] Well sure, Canola Oil like you said is a type of vegetable oil. I'm made from the seeds of the rapeseed plant, which is a type of plant that's got these beautiful yellow flowers. It's in the same family as, oh say cabbage and broccoli and Brussels sprouts. They grow great big fields of it up in Canada, it's sure is a sight to see. That's why it's called Canola oil even! There's no Canola plant you know.

[Adelina] There isn't? Then where does the word Canola come from?

[Monty] Canola is short for Canada Oil, Low Acid. You say that fast and shorten it down, eventually it becomes Canola, eh?

[Adelina] Huh, that's pretty neat! So Canola Oil is mostly from Canada?

[Monty] Oh definitely, Canola Oil is a VERY Canadian product. It was originally developed here. Canola production is a big deal for the Canadian economy as well, and there are 43,000 canola farmers in Canada. Also, at over 20 million acres of seeded area, canola is the second largest Canadian crop.

[Adelina] Wow! That's a lot of farms. So, can you tell me more about Canada?

[Monty] Oh sure, I'd love to! Canada is a country. It's in North America, a lovely country I'd say. But I am a little biased. It's just north of the United States of America. Fun fact, actually, Canada and US share the longest border in the entire world!

[Adelina] Really?

[Monty] Yeah! It's amazing, the southern border of Canada, the one between Canada and the United States, is about 8,890km long. That's about 5,500 miles, or 97, 204 football fields!

[Adelina] Wow. That's a lot of football fields.

[Monty] I know!

[Adelina] So, a border is the edge of a country?

[Monty] Exactly right, yes. A border is a way to mark where one country ends, and another begins. In this case, on one side of the border you are in the United States of America, on the other side of the border you are in my beautiful homeland, Canada.

[Adelina] Interesting, just like states in the US have borders, countries have borders too.

[Monty] That's it, yes. Borders that separate countries, like the US and Canada, are called "international borders"!

[Adelina] And are these borders all straight lines?

[Monty] Oh no! Not by a long shot. Borders are all kinds of shapes! Many borders follow the shape of natural structures like mountains, rivers or oceans, so they can twist and turn all over the place.

[Adelina] Huh. So one side of the river might be one country, and the other side of the river would be another country.

[Monty] Exactly. Sometimes borders are straight lines though. In addition to being the world's longest border, the border between the US and Canada is also, mostly, a straight line!

[Adelina] Who decides where these borders are set?

[Monty] Well, that is the million dollar question. Perhaps a little history of Canada is in order, do you mind?

[Adelina] Please!

[Monty] Now, you might hear people say that Canada was established in the year 1867, we even celebrate a holiday called Canada Day on July 1st every year to mark this event.

[Adelina] That's sort of like how we celebrate independence day on the fourth of July in the United States!

[Monty] Sure is! But that isn't exactly the whole story. You see, people didn't just arrive in Canada for the first time in 1867. Just like they didn't first arrive in the US in the 1700s. Some people and their ancestors have been living on this land for at least 12,000 years, arguably longer. In Canada we refer to these people as Indigenous or First Nations people of Canada.

[Adelina] We refer to those people as First Nations, Indigenous Americans or Native Americans in America, but I also know a lot of times people prefer to be called by their specific tribe name.

[Monty] Sure do!

[Adelina] So was it the Indigenous people of Canada who set the borders?

[Monty] No, it wasn't, and this is an important point. Indigenous people inhabited all different parts of Canada for thousands of years, and belonged to different tribes. Tribes like the Cree, Haida, or Blackfoot people had their own borders and had their own places to live. But a few hundred years ago, these lands were colonized.

[Adelina] Colonized? What's that mean?

[Monty] Colonization is when one country claims the land of another as its own.

[Adelina] Why would they want to do that?

[Monty] Let's put it this way. Do you have your own room at home Adelina?

[Adelina] I do!

[Monty] And it's probably filled with all of your stuff, is that right?

[Adelina] It is, it's VERY messy at the moment though. I've got kind of a lot of stuff.

[Monty] Well, let's say you were able to take over your brother or sisters room, AND you got to keep all the stuff that was there. Sound like a good deal?

[Adelina] Well, maybe. It would be nice to have more space and more stuff. But, what would happen to my sister?

[Monty] THAT is a good question to ask Adelina. This is the problem of colonization in a nutshell. One country will come and claim a "new" land as their own. But it's not really a new land, people have lived there for a very long time.

[Adelina] My sister's been in her room a lot longer than I've been in mine! Plus the whole thing is bright pink, I don't know how she can stand it.

[Monty] I like pink! You don't like pink?

[Adelina] Not THAT pink.

[Monty] Well, I'm getting distracted. What I mean to say is when one country attempts to colonizes another, they come uninvited, live on the land without permission, steal it's resources and make rules the people who were already living there must follow, if they're allowed to stay at all. It was the English, French and Portuguese who were colonizers in Canada.

[Adelina] In the US, it was mostly just the British, right?

[Monty] More or less, the french played a big part too but that's complicated. After hundreds of years or so of this harmful and unfair colonization, Britain decided to combine it's 3 colonies and form a new country.

[Adelina] Like when the United States formed and became its own country, fighting the British in the Revolutionary War.

[Monty] Correct. But for the most part, the people who formed the country of Canada and those who planned the Revolutionary War in America were colonizers, they were the people who had come to this land uninvited from somewhere else. These people originally from Britain and France created many wars, hurt many people and then decided to form a new country.

[Adelina] So people came over from Europe, said the land was theirs now, and then decided to call it Canada?

[Monty] More or less, yes. And it's these colonizers who ultimately set these countries borders.

[Adelina] Huh. That sounds like a very complicated past.

[Monty] It definitely is. Complicated and painful, for generations of people. The fact that these borders were decided against the wishes of First Nations peoples has caused a lot of problems for them that continue on today. But it's important for us to learn about!

[Adelina] Why, what difference does it make today what people decided to do a hundred years ago?

[Monty] A country's history is in the past, but the land and the people on it are in the present, and they are the future.

[Adelina] Whoa, that feels like a big idea.

[Monty] It is, let's break it down. The past, our history, we can't change that, right?

[Adelina] Right. It's over and will always be that way.

[Monty] But, what ISN'T over is the land that's always been here, and the people who are still alive today. How we think about our country and how we treat First Nations people who are native to this land is something that we can control today. What we do next is up to us as well, especially for you. Young people like you are the future. And so learning from those who've come before us is important and should be a part of how we choose to move forward.

[Adelina] Monty, that is a really valuable Scoop, thanks for sharing all of that with me.

[Monty] You're welcome, Adelina.

[Adelina] We... didn't really get to talk much about cooking though did we?

[Monty] Ha! You're right. Well, how's this for a hot tip: canola oil has a very neutral taste, it doesn't have much flavor at all. That makes it a great choice for frying or cooking when you want to focus on the flavor of the food, not the oil it's cooked in.

[Adelina] There you have it folks! Canola oil is a neutral tasting oil, borders are the boundaries between countries, and First Nations people have been living in Canada and the United States for tens of thousands of years. Back to you Molly! So, Monty, I've heard that Canada is really pretty. I think I might plan a trip to visit.

[Monty] Oh! Please! I would love to show you around! We can go to Niagara Falls in Haudenosaunee Territory, OH! OR maybe see the shores of the great lakes in Anishinaabe Territory, OR! If you like cold weather we could try ice fishing with the MicMak!

Adelina: Back to you Molly!

[Molly] Thanks Adelina! And thank you, Monty for that very important history lesson.

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## Cow Stand Up

[HOST] Alright, welcome back to the Cheese Cellar everybody. Thanks for being here, thanks for being here. It's gonna be a good night for ya, we've got some pretty cheesy jokes lined up so you can laugh your rinds off. First up it's everybody's favorite cow... Bessie!

[Bessie] Hello, everybody! Hi hi hi. Thank you, so great to be here at the Cheese Cellar tonight. You know, it's almost like this place couldn't even exist without me so.. You're welcome!

Well I'm glad to be here honestly. Honestly I wasn't sure I was going to be able to make it! I had a real tough case of hay fever just before the show. Hay fever, yeah thankfully I recovered in time to catch my flight out here.

You know, flying as a cow is really tough! Tried jumping over the moon, guess that's not how it really works. Ended up at LAX with everyone else.

It's not easy. Getting around the airport is just a nightmare. I mean my cowbell sets off the metal detector every time. And then the minute someone spots my spots they just want me to moo. If you ever see a cow in an airport, PLEASE don't ask them to moo, they are just trying to find their gate.

I really hate flying though. I'm more of a ground beef.

The turbulence always makes me so nervous. Causes problems for everyone else too, because my milk shakes, and that always brings all the boys to the yard.

My daughter flew out here with me. Her favorite part of the airport? The Calf-eteria. Of course. Flying with kids is tough but flying with a calf? Don't get me started. It's an utter nightmare. The flight attendant asked me if I wanted my coffee decaf and I just started crying. I wish! I wish.

You know I am so glad I came though cause you all are a great crowd tonight. I always ask myself why I do it. It's not for the money, I'll tell you that. My agent always milks me dry. Alright that's my set, goodnight everybody!

[Host] Bessie, everybody! Thank you Bessie. Puts the cow in holy cow, ladies and gentlemen. Alright, that's our show! Goodbye! Please leave.

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## Meggy Eggy Stands Up For Herself, from the Mystery Recipe Podcast

[Door opens]

[Mitt] Knock knock! Mitt Romney here!

[Meg] Mitt Romney!?

[Mitsy] Dad?!

[Meg] Mitsy, your dad is MITT ROMNEY!

[Mitsy] Not like THE Mitt Romney. It's actually a very common name for oven mitts.

[Mitt] Hi Mitsy! Surprise! I signed up to take the tour of the office with you!

[Mitsy] You're our "Special Guest"?! Geeeeee!

[Mitt] I am! I figured you might get nervous if you knew ahead of time that I was coming.

[Mitsy] Aw, well it's good to see you dad, thanks for coming to support my side hustle. It looks like today it's just going to be you and Meggy here on the tour.

[Molly] Actually, since the episode is about over, I'd love to join too Mitsy.

[Mitsy] Really?!

[Molly] Of course!

[Mitsy] But, you know this office pretty well by now Molly.

[Molly] I know, but it would be great to hear about it from your perspective Mitsy.

[Mitsy] Gah, the nicest. Alright friends, let's get going! We're going to start in the general kitchen which is just down the hall here.

[Meg] Okay cool, I'm just going to use my white cane for the walk over there.

[Mitt] Oh! How rude of me, do you need any help?

[Meg] Oh no thank you! I'm fine.

[Mitt] No please, I insist, here let me help guide you down the hallway.

[Meg] I'm fine, really.

[Mitt] Oh no, I won't take no for an answer.

[Meg] That's alright, I understand that you are coming from a kind place but I really do not need help.

[Mitsy] Yeah Dad, Meggy has been blind for most of her life, she knows how to get around, no problem.

[Mitt] Oh, oh goodness. I'm sorry.

[Meg] It's okay! Like I said I know you were just trying to be nice, don't worry about it. But I get myself to work everyday, I know what I'm doing. It's actually really important to remember to ASK if someone needs your help before you help them, regardless of whether they are disabled or not. And if they say that they don't need help, you should believe them.

[Molly] That's true Meggy! Helping people is a great thing, and if someone needs help it is kind to stop to help them. BUT we don't want to ASSUME someone needs help just because they are disabled.

[Meg] And we definitely don't want to touch someone or start helping them without asking for their permission first. It'll be much easier for me to get down this hallway by myself than it would be for you to try to help me.

[Mitt] I got it! Thanks for taking the time to explain that to me.

[Meg] No problem Mitt!

[Mitsy] Well, should we begin the tour?

[Molly] Actually, before we do, maybe we can finish up this episode first?



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## Bean Babies, A Fake News Broadcast

[Sparky] Good Morning West Palm Beach, and welcome back to useless news on the 10s. We save all the weird stuff for ten past the hour and that time is now. I'm Sparky McDuff. And today we have the story of the stuffed animal craze that's sweeping the nation. That's right, today we're talking Bean Babies. Sally O'Mally is here with the story.

[Sally] Thanks Sparky. These are the voices of Bean Babies biggest fans.

[Fan 1] They're just cute!

[Fan 2] Aw look at this one!

[Fan 1] I have that one already.

[Sally] We talked to a few of them to see what the magic is behind this latest trend.

[Fan 1] We waited in line for a few hours, and we ended up getting two raccoons, a flamingo and the special edition James Earl Jones bear. See look, you have to admit, they are just so cute.

[Sally] Cute is one word for it. Here's a quick history of the bean babies. The company releases a number of different animals, gives them each a different name, and then they simply sell like hot cakes.

[Fan 2] They're all named after different bean recipes, mostly just bean recipes for now. They haven't done anything different yet. There's Boston Baked, And Rice, Escarole, Minestrone, he's a sea turtle, I couldn't tell you why.

[Sally] But what sets these stuffed animals apart from the crowd is what they are stuffed with.

[Fan 1] It's beans! Oh yeah they are filled with cooked beans, and I think like a gravy? Something liquidy and so it must be a gravy.

[Sally] And doesn't that make these sort of hard to play with?

[Fan 1] Yeah it definitely does. I mean they get soggy pretty fast, by the time you get them home really. And most of them just sort of turn a weird shade of brown. But did you see how cute they are?! Look, this one is a flamingo!

[Sally] And have you tried tasting them?

[Fan 1] Oh, no. Are you kidding? Haha of course not, I'm not a monster. Also I'm pretty sure that would decrease their resale value.

[Sally] We reached out to the company that makes them to ask why exactly they were filling Bean Babies with cooked beans.

[CEO] Well it's sort of our way of looking forward, you know? We're always trying to do something new. And we've seen stuffed animals filled with beans but we thought, 'hey, why not cook them first?' You know? 'What if we went ahead and cooked the beans first and then filled

the stuffed animals with the cooked beans and a bit of gravy', and it all sort of just took off from there.

[Sally] But it's not all soggy roses for this young customer.

[Kid] I don't get it, honestly and it's like really gross to me. My hands are sticky now, and I've only had them about 5 minutes and they're already starting to smell. I don't know. They're still warm, which is nice I guess but once they cool off I don't think I'm going to want to play with them anymore.

[Sally] Will these Bean Babies stay hot? Or will this stuffed animal craze cool off as fast as the cooked beans they're stuffed with? Only time will tell. Back to you Sparky.

[Sparky] Thanks Sally!

[Sally] No problem Sparky. Hey can I get one of the special edition James Earl Jones bears?

[Sparky] Oh get one for me too!

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## Frenchy Has Big Unresolved Sad Feelings, from the Mystery Recipe Podcast

Theme

[Chad] And we're back!

[Mitsy] We are back. And your intro got me thinking a little bit Chad.

Door

[Frenchy] Thinking about what?

[Mitsy] Oh hey Frenchy! Hey Sam! Welcome to your day.

[Sam] Thanks! So, what did Chad's intro get you thinking about?

[Chad] Well, Frenchy and Sam, I said that Mitsy was my favorite oven mitt coworker.

[Sam] Aw, that's nice of you to say!

[Mitsy] Right, but I am also his ONLY oven mitt coworker.

[Sam] Still, a nice thought.

[Mitsy] And THAT fact made me realize, I'm the only Oven Mitt here! In fact, I don't have any friends who are oven mitts! Other than my parents.

[Frenchy] Really?

[Mitsy] Really!

[Chad] Huh, I never thought about that Mitsy. I guess other than your parents, you are the only oven mitt I've become friends with.

[Mitsy] I had lots of mitt friends growing up in Mitt City. WHICH you can read all about in the picture book Mitsy the Oven Mitt Goes to School, a Story About Being Brave. There were golf gloves, catchers mitts, ski gloves, lots of five fingered friends everywhere you looked! But ever since I moved away from home, I haven't befriended any mitts at all.

[Chad] Huh, well that's okay Mitsy! I know for a fact that you have LOTS of great friends! We all love you.

[Frenchy] That's true! We do!

[Mitsy] Gah, thanks friends. I know that you do, and I love you too! I just can't seem to shake this sort of sad feeling I got when I realized I don't have any oven mitt friends.

[Frenchy] Mitsy, I think I know how you feel.

[Mitsy] You do Frenchy?

[Frenchy] I think so. I hadn't really thought much about it, but I don't have any friends who are forks.

[Sam] You don't?

[Frenchy] No, I don't think so. Like we mentioned earlier this season, I was adopted by my parents, who are spoons. Which is great, I love my parents and I love my brother! But, I'm just feeling that same kind of hard to describe sad feeling you are Mitsy.

[Sam] Well, what can we do to help?

[Frenchy] I'm not totally sure, to be honest.

[Mitsy] Yeah, neither am I.

[Chad] Well, let's sit on this topic for a few minutes, and we'll come back to it, okay? Sometimes, all you need to move on from a feeling is a little time. Besides, coming up in just a moment is another edition of Ask a Grown Up!

OMITTED SEGMENT

[Chad] So, Mitsy, Frenchy, I've been thinking about what you said, about feeling sad that you don't have any friends that look like you.

[Mitsy] And you found a quick and easy way to help us feel better?

[Chad] Actually, no.

[Mitsy] Oh.

[Chad] Sorry. I was just going to say that I don't know what that feels like. I'm pretty privileged, or lucky, to have grown up around people who look like me, and to have a lot of friends and coworkers who look like me as well. I haven't felt the way you're feeling before, and I don't know what will make you feel better.

[Mitsy] Well... that's great, thanks so much Chad!

[Chad] Sorry! But it's just the truth! Feelings can be complicated, confusing, and inconvenient. But one thing they NEVER are is wrong. However you feel is however you feel, there's never anything wrong with having an emotional reaction to something.

[Frenchy] So, it's okay to feel sad?

[Chad] It is! I can imagine why you might feel the way you do, it's got to be hard to grow up, or go to work in a place where you're the ONLY oven mitt, or the ONLY fork.

[Frenchy] But my adoptive parents and my brother Sam, they're all so nice! I love them so much, it feels wrong to be sad that we are different.

[Chad] You can love your adoptive parents and your brother, AND be sad that you didn't grow up in a house full of forks all at the same time! One feeling has nothing to do with the other, they can both be true.

[Sam] That sounds complicated.

[Chad] It is. A lot of the time, feelings are complicated.

[Frenchy] I think I get it though. Maybe it's okay to not "fix" a sad feeling, there isn't always a way to make it go away. And that's okay!

[Mitsy] Huh, Frenchy, I think I get it now too! I always thought feeling sad or mad was bad or wrong, and that we are supposed to be happy all the time. But that's not true! Some things make you sad, and you can't fix them right away all the time, and that's okay.

[Chad] That's exactly right, Mitsy. And Frenchy. It's a hard lesson to learn! I am proud of you both.

[Sam] Yeah, I'm proud of you too Sis! I love you, you know.

[Frenchy] I know, I love you too Sam.

[Mitsy] GAH! AND I LOVE YOU ALL! Funny that you can feel sad AND understood AND loved all at the same time.

[Chad] Love you too Mitsy.

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## Alexander The Scallion, a Hamilton Spoof

[Molly] While Mitsy is preparing her rooftop surprise, we have one segment left for Scallion Week. We like to end things with something a little wacky, so here is this week's Wildcard. You may have heard the phrase rascalion before. If you haven't, it's another word for someone who is mischievous, or a trouble maker. Well today, we have a few rascalion rap scallions here to perform the opening number of their hit Broadway musical: Alexander The Scallion. Enjoy!

Person 1:

How does this green shoot, white root, kind of an allium  
Bring value, dropped in the middle of a boiling pot  
Of ramen noodles or with cooked rice, it sounds nice,  
But is it? What is this thing and what can I cook with it?

Person 2:

They're one dollar, maybe less if you can barter  
And they'll last longer but you gotta chop smarter  
By saving the white bottom  
And putting it in water  
It grows back, that's right, this vegetables a two parter

Person 1:

Well, the word got around, they said, this plant is insane, man  
Took um to a garden and they learned to grow um by hand  
Put them in a pot, now it became a houseplant?!  
And the world gotta grow this plant  
What's your name, man?

Alexander:

Alexander The Scallion  
My name is Alexander The Scallion  
And there's a million things to use me in.  
Put me on your plate, on your plate

Person 3:

When he gets back from the store you want to use it, in a pinch,  
It's like cooking onion, really there's nothing to it,  
Chop thin, Trim it real quick, but the trick?

All:

[whispers] Leave the white part with the roots, bout 2 to 3 inch

Alexander:

Put it in a jar, put the jar into a sunny place  
Swap out the water every day, it's easy to replace  
The white part knows it's gotta grow or else  
And pretty soon, this plant starts to regrow itself

All:

Alexander the Scallion

Alexander the Scallion  
We want to put you on our food  
Want to put you on our food  
We might cut you back down  
But you will regrow about- two times  
Oh, Alexander The Scallion  
Alexander The Scallion  
HelloFresh sings for you  
Finish a plate like it's a dream  
With a classy sprinkle of green.  
Our food will never be the same, oh  
White part is in a skillet now  
You can hear it cooking  
Alexander: Just you wait  
The green part waiting to make a dish better looking  
Alexander: On your plate  
The onion looking super mad cause he's no longer booking  
All: We, made rice with him  
Person 1: I, made soup with him  
Person 2: She, stir fried with him  
Person 3: Me, I loved him  
Person 2: And me? I had to make SCALLION PANCAKES!  
All: There's a million things to use him in  
Put him on your plate.  
Person 1: What's your name, man?  
All: Alexander The Scallion.